

LIST OF MILITARY PRIMARY HEALTHCARE PROVIDERS

S/N	U N I T	HCP Code	Email / Address	Tel. No.
NORTH EAST (14 PROVIDERS)				
ADAMAWA STATE				
			HQ 23 BDE NA PMB 2039 Jimeta Yola	
1	23 BDE MC Yola	AD/0081/P		
2	75 STG Medical Centre, NAF Station, Yola	AD/0076/P	75 Strike Group Medical Centre NAF PMB 2279 Yola	
BAUCHI STATE				
3	33 Bde Medical Centre Bauchi	BA/0027/P	33 Artillery Brigade Medical Centre NA Medical Corps PMB 0044 Bauchi. abcmebauchi@yahoo.com	077 542427
4	ACCS MIR Bauchi	BA/0030/P	Medical Reception Station Armoured Corps Centre & School PMB 0238 Bauchi.	
BORNO STATE				
5	231 TK Bn MRS Biu	BO/0059/P	Abogo Largema Cantonement PMB 15557 Biu Borno State	
6	202 Bn MRS Bama	BO/0067/P	Regimental Medical Centre 202 BN MRS Bama Borno State	
7	243 Bn MRS Monguno	BO/0058/P	Regimental Medical Centre 243 BN MRS Monguno Borno State. 243mrs@yahoo.com	
8	21 Bde Maiduguri	BO/0054/P	HQ 21 BDE Medical Centre NA Medical Corps PMB 1085 Maiduguri Borno State. bmc21na@yahoo.com	
9	212 Bn MRS Maiduguri	BO/0055/P	Regimental Medical Centre 212 BN MRS Maiduguri Borno State.	
10	204 WG Medical Centre, Air Station, Maiduguri	BO/0048/P	NAF Medical Centre 204 Wing. PMB 1106 Maiduguri.	
TARABA STATE				
11	93 Bn MRS Takum	TR/0025.P	93 BN NA PMB 2003 Ada Barracks Takum bn93medicalreception@yahoo.com	
12	20 MRS Serti	TR/0039/P		
YOBE STATE				
13	241 Reece Bn MRS Nguru	YB/ 0025/P	241 BN 1 Div Nigeria Army PMB 016 Nguru.	0706740002
GOMBE STATE				
14	301 AR (GS) MRS Gombe			

NORTH CENTRAL (31 PROVIDERS)				
FCT ABUJA				
1	Guards Brigade Medical Centre.Yakubu Gowon Barrack, Abuja	FCT/0345/P	Guards Brigade Medical Centre Mambilla Barrack, Asokoro Abuja. mcguards@yahoo.com	08133166889 08053782232 07038915429
2	4 Bn MRS Abuja	FCT/0371/P	P.M.B 243 Lungi Barrack Maitama, Abuja gdsbnlungi@yahoo.com gdsbdelungimrs@yahoo.com	08034266025 08028536714 08168454867 07030495409
3	108 NAF Hosp Abuja	FCT/0348/P	Nigerian Air Force Base, Bill Clinton Drive, Abuja 349nafhospital@gmail.com nafabujanhis@hotmail.com	08058530117 08055751103 07029719632
4	DHQ MC Mogadishu Cantonment, Abuja	FCT/0377/P	DHQ Med Cen, Mogadishu Cantonment, Asokoro, Abuja dhqmedcen@hotmail.com	08056194570
5	Defence Intelligence Agency Clinic, Asokoro	FCT/0334/P	DIA Clinic Abuja P.M.B 551, Garki Abuja hdiahospital@yahoo.com	08036477743
6	MOD Clinic	FCT/0375/P	PMB 196, Olusegun Obasanjo Way, Area 10, Garki Abuja modscshiphouse@gmail.com	08120834036 07036297085
7	HQ NAF Clinic Abuja	FCT/0583/P	nafsickbay@yahoo.com hqnafclinic2011@gmail.com	08068900005
8	NDC Medical Centre	FCT/0372/P	NDC Clinic, P.M.B. 323, Central Area, Abuja ndcclinic@yahoo.com	08057279742
9	AHQ Clinic Abuja	FCT/0582/P	Area 7, Garki, Abuja	08038049838
10	NHQ Sickbay Abuja	FCT/0376/P	Naval Sickbay, Area 7 Garki Abuja.	08056098572
11	Air House Clinic Abuja			
12	106 NAF Medical Centre Ushafa			
BENUE STATE				
13	72 Bde Makurdi	BN/0061/P	Sfbnmrs72@yahoo.com	08135214150
14	NASME MIR Makurdi	BN/0063/P	P.M.B. 102272, Makurdi nasmemrs@yahoo.com	08037233463 07064974945

15	45 NAF Hospital, Air Force Base, Makurdi	BN/0030/P	P.M.B. 102031 NAF Base, Makurdi Benue State. fourtyfivenafhospital@yahoo.com 45nafhospital@gmail.com	08033626927 07056723336 08062152007
16	NN Police Regulating School Makurdi			
NASARAWA STATE				
17	177 Bn MRS Keffi	NW/0051/P	Medical Reception Station, 177 Guards Battalion, Nigeria Army, PMB 1024 Keffi Nasarawa State. mrs177gdsbnnakeffi@yahoo.com mrskeffi@yahoo.com	07039134188 08151840094
NIGER STATE				
18	31 AB MC Minna		arty31bdemedcentre@yahoo.com hq31artybdemc@yahoo.com	08073382501
19	311 AR MRS Kontagora	NG/0099/P	311 Arty Regt. Kontagora Barracks. kontagoramrs@yahoo.com	08054158167 08189786468
20	221 Ltk Bn MRS Kainji	NG/0101/P	Light Tank Bn NA P.M.B. 225. New Bussa Niger State battaliomrs221@yahoo.com	08052385466 08052429558 08057796216
21	99 AWS Medical Centre, NAF Base, Kainji	NG/0092/P	P.M.B 226 Kainji-New Bussa. Niger State medcen99awskji@yahoo.com	08051784045 08056012392 08139254464
22	NAF Medical Centre, NAF Station Minna		P.M.B 121. Minna. nafmedmn@yahoo.com	08035612955 08052745269
23	Zuma Barrack MRS Suleja	NG/0249/P	P.O. Box 676 Suleja. zumamedical@yahoo.com	07083593298 08084728734
KWARA STATE				
24	22 Bde MC Ilorin	KW/0092/P	22 BMC Sobi - Ilorin P.M.B. 1436. medcent_22bde@yahoo.com	08034658015 08054506980 08080418874
25	NNSHS Sickbay Offa	KW/0168/P	NN School of Health Sciences. PMB 4408 Ira Road, Offa. Kwara State. nnmedcen2010@yahoo.com	08055800051 08035983174
26	227 WG MC, NAF Station, Ilorin	KW/0086/P	PMB 1546 Ilorin. Kwara State naf4ilorin@yahoo.co.uk	08033958367
KOGI STATE				
27	HQ CAR Carimaigumeri Barracks, Lokoja	KG/0045/P	HQ CAR MRS Carimaigumeri Barracks, Lokoja	08033407602 08036668774

28	NN Sickbay Lugard Lokoja			
PLATEAU STATE				
29	332 AR MRS Shendan, Jos	PL/0061/P	332 Arty. Regiment 33 Arty Brigade NA Corps of Art & School PMB 06 Shendam. mrsshendam332ar@yahoo.com	08068835795
30	3 DIV Hospital, Maxwell Khobe Cantonment, Jos	PL/0057/P	P.M.B 2188 Jos divmedicalhospital@gmail.com	08037006086 08022512529 08051564346
31	347 Nigerian Airforce Hospital, NAF Station, Jos.	PL/0058/P	P.O. Box 72288, Jos 347nafh@gmail.com , nafnhisjos@gmail.com	08035431601 08191581302
NORTH - WEST (22 Providers)				
KADUNA STATE				
1	29 Bn MRS Kaduna	KD/0174/P		
2	11 FER MRS Zaria	KD/0176/P	Basawa Barracks Zaria mrs11fer@yahoo.com	08091924573
3	Nigerian Defence Academy, Kawo	KD/0153/P	medcenlnda@gmail.com	08065511114
4	Depot NA / NA Military Sch. Med. Centre, Chindit Barracks, Zaria	KD/0155/P	depotmedcentre@yahoo.com	08033432656
5	44 Armed Forces Reference Hospital, Sokoto Road	KD/0089/P		08069237495
6	1 Div Hospital Kaduna	KD/0152/P	onedivhosp@yahoo.com	07034558110
7	Infantry Centre & Sch. Armed Forces CSC Med. Centre Kaduna	KD/0154/P	medicalcentrejaji@yahoo.com	08058418846
8	345 NAF Hospital Kaduna	KD/0005/P	345arm@yahoo.com	08062697356
9	DICON, Medical Centre Kaduna	KD/0321/P	dicondhml@yahoo.com	08026298469
10	NA Artillery Training School Kachia, Kaduna	KD/0316/P	nasamrs@yahoo.com	08025276006
11	NN School of Armament Technology Kachia			
12	312 Battalion MRS Kaduna		mrs312@yahoo.com	08038328238
13	HQ ACADA Agunu		acadamrs@yahoo.com	08133417852
KANO STATE				
14	3 Bde MC Kano	KN/0085/P	brigademedicalcentrekano3000@yahoo.com	08033219278 07067709777

15	73 Bn MRS Janguza	KN/0088/P	mrs73bnjanguzakano@yahoo.com	08164233351
16	Armed Forces Specialist Hospital, 2 Ashton Rd, Kano	KN/0073/P	armedfsk@yahoo.com	08091023560
17	349 FTS Medical Centre NAF Kano	KN/0074/P	nafmedicalcenkano@gmail.com	07038189584
SOKOTO STATE				
18	1 Bde MC Sokoto	SO/0031/P	1 Brigade Medical Centre Gingiya Barracks Gusau Road. brigademedicalcentre@yahoo.com	08069763248
KATSINA STATE				
19	35 Bn MRS Katsina	KT/0044/P	35battalionmrs@yahoo.com	08164233351
ZAMFARA STATE				
20	1 BAD Gusau	ZF/0028/P	onebadmrsgusau@yahoo.com	08025255133
KEBBI STATE				
21	1 Bn MRS Birnin Kebbi	KB/0021/P	onebnmrsburutu@yahoo.com	08121350961
22	223 Tk Bn MRS Zuru	KB/0022/P	223bnmrs@yahoo.com	08137125091
SOUTH EAST (8 Providers)				
ENUGU STATE				
1	103 Bn MRS Enugu	EN/0109/P		
2	82 Div. Hospital, Enugu	EN/0103/P	Dental Dept 82 Div Hospital Enugu schohwora@yahoo.com	08063536419 08020659905
3	305 FTS Medical Centre, NAF Base, Enugu	EN/0104/P		
4	NAF Sick bay Agbani	EN/0203/P	Airforce Comprehensive Secondary School Agbani PMB 01141 Enugu state. afcossickbay@yahoo.com	07065863555
ABIA STATE				
5	Sick bay NNLS Owerenta, Abia	AB/0094/P	stanodii@yahoo.co.uk	08037009048
IMO STATE				
6	34 AB MRS Owerri	IM/0095/P	34 BDE Medical Centre NA Med Corps & School PMB 1380 Owerri.	
ANAMBRA STATE				
7	302 FAR MRS Onitsha	AN/0082/P	RMO,14 FER Onitsha.	
EBONYI STATE				
8	Cantonment MRS Abakaliki	EB/0039/P	Military Cantonement MRS Abakaliki Ebonyi State.	

SOUTH WEST (42 Providers)

LAGOS STATE				
1	9 Bde MC Ikeja	LA/0575/P	9 BDE Medical Centre NA Cantonment Ikeja bdemedcentre9@yahoo.com	
2	149 Bn MRS Ojo	LA/0578/P	NA Cantonment Ojo lagos	014182973
3	174 Bn MRS Ikorodu	LA/0579/P	174 BN NA P.O.Box 676 Ikorodu Lagos State	
4	65 Bn MRS Victoria Island	LA/0580/P	HQ NA Dept of Military Secretary Bonny Cantonment VI Lagos sixtyfivebattalionmrs@yahoo.com	08088713607 08029467676
5	242 Recce Bn MRS Badagry	LA/0582/P	242 Recce BN MRS Badagry mrs242rbn@yahoo.com	07080782637
6	56 SIG Comd MRS Mile 2	LA/0583/P	56 SIG Comd MRS Mile 2 Ikorodu Lagos State	014622537 018925586
7	CFO MRS Apapa	LA/0584/P	CFO MRS Apapa, Lagos nafcmrsapapa@gmail.com	08094862635 08126279469
8	68 NA Ref. Hospital, Myhoung Barracks, Yaba	LA/0507/P	68 NA Ref. Hospital Myhoung Barracks PMB 2004 Yaba, Lagos. narhynhis@yahoo.com	017402938
9	81 Div Hospital Dodan Barracks, Ikoyi	LA/0509/P	81 Div Hospital Medical Services Dodan Barracks Ikoyi Lagos. 81divhospital@yahoo.com	07042694782
10	Nigerian Naval Reference Hospital, Navy Town, Ojo	LA/0591/P	NN Hospital, Ojo P.O Box 64 Satellite Town, Lagos. nnrhojolagos@yahoo.com	08023690749
11	Navy Medical Centre, Dockyard, Victoria Island	LA/0592/P	NN Medical Centre Naval Dockyard Wilmot Point VI PMB 12664 Lagos. nmcnnd@yahoo.com	07098816777
12	Obisessan Naval Hospital, Apapa	LA/0593/P	Obisesan Naval Medical Centre Mobil Road, Lagos P.O. Box 1318 Apapa.	
13	Sickbay NNS BEECROFT, Lagos	LA/0594/P	nnsbeecroftsickbay@yahoo.com	08151021232
14	Sickbay Okokomaiko	LA/0596/P	navysickbayokoko@gmail.com	017625000
15	Sickbay Gowon Estate, Ipaja	LA/0597/P	nigeriannavysickbay@yahoo.com	07098122695
16	445 NAF Hospital Sam Ethnam A/F Base Ikeja	LA/0510/P	nafhikeja445@yahoo.com	

17	403 CMD Medical Centre, NAF Station, Shasha	LA/0512/P	medicalcentrenafshasha@yahoo.com	07029195925
18	NAF Medical Centre, Onikan	LA/0511/P		
19	Creek Hospital, Awolowo Road, Ikoyi	LA/0098/P	Military Hospital Lagos No.18 Awolowo Road, Ikoyi mhl.lagos@yahoo.com	08191316792
20	Nigerian Army Signals MRS, 2 Marine Road Apapa	LA/1262/P	nasshomrs@yahoo.com	
21	Sickbay NNS Quorra, Apapa, Lagos	LA/1263/P		08054300378
22	15 FER MRS Badagry			07040801079
23	NAMCS (TB) Ojo Lagos			
24	NA Signal MRS Marine Road Apapa			
25	NN Provost & Regulating School Sick bay			
26	Armed Forces Resettlement Centre Oshodi		nafredcen@yahoo.com	
OSUN STATE				
27	ECR MRS Ede			
OYO STATE				
28	244 Recce Bn MRS Shaki	OY/0186/P		
29	81 Bn MRS Ibadan	OY/0187/P		
30	NAF Med Centre, NAF Comp. Sec. Sch. Ibadan	OY/0166/P		
31	NAF Detachment MC Ibadan			
32	2 Division Hospital Ibadan			
ONDO STATE				
33	323 AR MRS Akure			
34	NN FOB Sickbay Igbokoda			
35	19 Bn MRS Okitipupa			
OGUN STATE				
36	32 AB MC Abeokuta	OG/0039/P		
37	321 AR MRS Abeokuta	OG/0040/P		
38	DAMS MRS Owode	OG/0042/P		
39	12 FER MRS Ijebu-Ode	OG/0041/P		

40	192 Bn MRS Owode	OG/0043/P		
41	Sick Post Music School, Otta	OG/0044/P	nnsmsickpost@yahoo.com	08033083579
42	Sickbay NNSS Abeokuta	OG/0045/P		08037229644
SOUTH-SOUTH (33 Providers)				
EDO STATE				
1	195 Bn MRS Agenebode	ED/0215/P	RMO PO Box 25, Agenebode, Via Auchu, Edo State. mrs195bn@yahoo.com	08029719264
2	4 Bde MC Benin	ED/0125/P	CO, 4BDE MC, Ekehuan Barracks PMB 1322, Benin. medcen4bdeben@yahoo.com	08028406942
3	NASEME MIR Auchu	ED/0126/P	RMO, NASEME MRS PMB 53, Auchu, Edo State. nasemeauchu@yahoo.com	08064962310
4	Military Hospital Benin	ED/0120/P	Director, Military Hospital, Airport Road, GRA, PMB 1500, Benin City, Edo State milhospbennhis@yahoo.com	08059993835 07036743467
5	81 AMG MC NAF Station, Benin	ED/0121/P	CO, NAF 81 AMG Medical Centre, GRA Airport Road, PMB 1145, Benin. medcen81amg@yahoo.com	07055521853
6	S&T MRS Benin	ED/0214/P	RMO, S&T School MRS, Ugbowo P.O.BOX 723, Benin nasstmrs@yahoo.com	07029186613
DELTA STATE				
7	3 Bn MRS Warri	DT/0093/P	RMO 3 Bn MRS, NA, PMB 1114, Effurun Barracks, Warri. nhis3bat@yahoo.com	08134950511
8	Nigerian Naval Medical Centre , Sapele	DT/0094/P	CMC, NMC, Naval Base, Ogorede, Sapele, Delta State nmcsapele@yahoo.com	08032015809 08078474112
9	NNH Warri	DT/0095/P	CO, NNH, Naval Barracks, Effurun, PMB 1272, Warri, Delta State. nnhwarri@yahoo.com	08063997523 08054601478
10	NN Logistic Command Oghara			

11	NAF Sickbay Warri			
AKWA IBOM STATE				
12	6 Bn MRS Abak	AK/0032/P	RMO Wellington Bassey Barracks PMB 1053, Ibagwa Agwa-Abak sixbn_mrs@yahoo.com	08067271108
13	Sickbay, FOB Ibaka	AK0033/P	MOIC, NN FOB Sickbay, Naval Base, Ibaka, MBO LGA, Akwa Ibom State fobibaka2010@yahoo.com	08124981068
14	NAF Medical Centre, Air Force Comp. Sec. Sch. Uyo	AK/0030/P	CO AFCSS Medical Centre, Ibesikpo, PMB 1233, Uyo, Akwa Ibom State uyomedcen@gmail.com	07032357276
15	NNS Jubilee Ikot-Abasi			
CROSS RIVER STATE				
16	13 Bde MC Calabar	CR/0061/P	CO, 13 BDE Medical Centre Ebrutu P.O BOX 1138, Calabar. hq13bdemedcenbmc@yahoo.com	08138862513
17	245 Recce Bn MRS Ikom	CR/0063/P	RMO Afi Barracks, PMB 1011, Ikom, Cross- Rivers State. na245mrs@yahoo.com	07087002608
18	341 Bn MRS Ogoja	CR/0064/P	RMO, 130 BN 1341 Regt, PMB 165 Ogoja, Cross-River State. mrscares09@yahoo.com	08061526664
19	NAF MC NAF Station, Calabar	CR/0056/P	CO, NAF 81 AMG Medical Centres, GRA, Airport RD, PMB 1374, Benin City. calabarnafmedcen@yahoo.com	07059714929
20	Nigerian Naval Hosp Calabar	CR/0068/P	CO, NNH, Club Road, P.O Box 3153, Calabar, Cross Rivers State	08033945740 08073426568
21	Sickbay NNS Calabar	CR/0142/P		
22	146 Bn MRS Calabar			
RIVERS STATE				
23	2 Bde MC, Port Harcourt	RV/0233/P	CO, 2 BDE Medical Centres. Bori Camp, PMB 6206, PH twobdemedcent@yahoo.com	08062261674
24	73 Bn MRS Elele	RV/0235/P	RMO, Cantonment MRS, Elele, Rivers State cantonmentmrs@live.com	08134972891
25	Military Hospital, Port Harcourt	RV/0220/P	The Director, Military Hospital, Aba Rd, PMB 5127, Port Harcourt,	08137832168

			Rivers State. militaryhospital@yahoo.com	
26	Naval Medical Centre Borikiri	RV/0238/P	CMC, NMC, Borikiri, P.O Box 9324 PH nmcborokiri@yahoo.com	084-898897 08023281023
27	Nigerian Navy Medical Centre, Onne	RV/0239/P	CMC, NMC, ONNE, PMB 16, Nchia, Rivers State. nmconne@yahoo.com	08137111731
28	Sickbay NNS PATHFINDER, PH	RV/0221/P	BMO NNS Pathfinder, Sickbay Naval Base Rumuolumini, PMB 5194, Port-Harcourt. sickbaynns Pathfinder@yahoo.com	08028630870 07034496098
29	97 SOG MC, NAF Base, PH	RV/0240/P	CO, NAF 97 SOG Medical Centre, NAF Base, Aba Road, PH. medicalcentre97sog@yahoo.com	07028273012
30	Nigerian Navy Shipyard PH		MOIC, NNSY, 100 Reclamation Road PO BOX 571, PH. nnsyph@yahoo.com	07037066552
31	NN FOB Bonny Sickbay			
BAYELSA STATE				
32	NN FOB Formoso Sickbay			
33	NAF Medical Centre Yenegoa			

Important Notice: Any change or amendment of address or email should be communicated to info@dhmlnigeria.com or ict@dhmlnigeria.com